

## Hospital (Ayurveda) Section:

1. Kayachikitsa
2. Shalya Tantra
3. Shalakya Tantra
4. Stree Rog & Prasuti
5. Kaumar Bhritya
6. Panchakarma
7. Swasthya Rakshan

### NAME OF THE DEPARTMENT: KAYACHIKITSA

#### INTRODUCTION OF THE DEPARTMENT:

Kayachikitsa Department is the backbone of Ayurvedic medicine. The Department is teaching Undergraduate and Postgraduate students. Many clinical studies have been conducted on chronic and Lifestyle disorders like Psoriasis, Diabetic Dyslipidemia, Osteoporosis, Anemia, Hypothyroidism, Bronchial Asthma, Dyslipidemia, Grahani, Diabetes Mellitus, Rheumatoid Arthritis etc.

Special OPD for senior citizens to provide basic medical facility is also provided by Kayachikitsa Dept.

#### Details of Consutnants:

Sl No:	Name of Consultant	Qualification	Present Designation	OPD Days	Contact No
1.	Dr. RAJNI SUSHMA	B.A.M.M.S., PhD (Ayu), PGCCHM	Professor	Mon, Thursday & Geriatric OPD: Fri	8588875229
2.	Dr. HARISH CHANDRA GUPTA	B.A.M.S., M.D. (Kayachikitsa), PhD	Associate Professor	TUES Fri	9013249101
3.	Dr. SUJATA YADAV	B.A.M.S., M.D. (Kayachikitsa) Vikriti Vigyan, PhD	Associate Professor	WED, SAT & Geriatric OPD: Mon	9810571653

**FACILITIES:**

1. 6 Day OPD
2. Geriatric OPD for Senior citizens
3. Diabetic Screening and Counselling OPD
4. In patient department facility

**AVAILABLE EQUIPMENTS:**

1. Pulse Oximeter
2. Spirometer
3. X ray View Box
4. Sphygomanometer

**DEPARTMENTAL ACTIVITIES**

Seminars	Case Presentations	Discussion & Departmental Quiz	Cultural Events
Weekly	Weekly	Fortnightly	Induction Ceremony of Post Graduate Students, Dhanwantari Jayanti Celebration, Charak Jayanti etc.

## 2. SHALYA TANTRA

**Name of the Department:** SHALYA TANTRA

### **Introduction to the Department:**

Shalya Tantra is one of the eight departments in Ayurveda. It deals with surgical disorder and para surgical procedure like ksara karma, agni karma and jalauka karma (Leech therapy). It also deals with fracture and accidental injuries.

### **Details of Consultant**

Sl.No.	Name of the faculty	Qualification	Present Designation	OPD Days	Contact. No.
1.	Dr Praveen kumar Chaudhary	MS (Ay)	Associate Professor	Tuesday, Saturday	9968686823
2.	Dr. Prashant Rasale	MS (Ay)	Assistant Professor	Monday, Wednesday, Friday	9403520350
3.	Dr Sunil Pandey	MS (Ay)	lecturer	Thursday	9654623465

### **AVAILABLE FACILITIES:**

1. The Dept run OPD on Daily basis with basic facilities to diagnose and treat surgical disorders.
2. The Dept has O.T where general surgery performed daily.
3. The Dept has para surgical unit where ksara karma, agni karma and jalauka karma (Leech therapy).
4. Ksara karma (ksara sutra) is specially used for treating piles, fistula, fissure and pilonidal sinus.
5. Agnikarma is used for treating corn, different type of pain.
6. Leech therapy is used to treat non healing ulcer, burger's disease, cellulitis, skin disorders.

## **SPECIALITIES**

1. General surgery
2. Anorectal disorders
3. Wound clinic
4. Urinary disorders

### 3. SHALAKYA TANTRA

**Name of the Department:** SHALAKYA TANTRA

**Introduction to the Department:**

Shalakyta Tantra is one of the eight branches of Ayurveda, which deals with diseases of Urdhav-jatru i.e body parts above the clavicle. It includes Netra Chikitsa (Ophthalmology), Karnachikitsa (Otology), Nasachikitsa (Rhinology), Mukharogachikitsa (Oral hygiene, Dentistry and Laryngology), and Shirorogachikitsa (Diseases of cranium).

**Details of Consultant**

Sl.No.	Name of the faculty	Qualification	Present Designation	OPD Days	Contact. No.
1.	Dr. Haramohan Moharana	MD (Ay), Ph.D. Pursuing	Associate Professor	Monday, Wednesday, Friday	8588875238
2.	Dr. Rajesh kumar Chhoker.	MS (Ay)	Associate Professor	Tuesday, Thursday, Saturday	9868266668

**AVAILABLE FACILITIES:**

- Diagnosis and treatment of Shalakyta diseases in OPD and IPD.
- It has a Dental wing which is being looked after by team of doctors from Maulana Azad Instit. of Dental Sciences.
- Refraction & Kriyakalpa procedures in Ocular diseases.
- Minor surgical procedures in Operation Theatre.
- Assessment of effect of various Ayurvedic treatments on specific diseases like ARMD, Diabetic Retinopathy, Hypertensive Retinopathy, Glaucoma, Dry eye, Sinusitis, Hearing loss, Tonsillitis etc.

**Specialties:**Shalakyta tantra has three sub divisions- 1. Netra roga vigyan (Ophthalmology), 2. Karna- Nasa-Kantha- Shirorog Vigyan (ENT), and 3. Mukh & Danta roga (Dentistry).

Photo Gallary- Annexed

## 4. PRASUTI & STRI ROGA

**Name of the Department:** PRASUTI & STRI ROGA

### **Introduction to the Department:**

Department of Stri Roga offers complete ayurvedic management for all gynecological disorder to maintain & restore reproductive health. In addition with, the department of Prasuti Tantra provides its extended services round-o-clock\* 7 days of week to needful patients.

### **Details of Consultant**

Sl.No.	Name of the consultant	Qualification	Present Designation	OPD Days	Contact. No.
1.	Dr. Deepa Mishra	MD (Ay), Ph.D.	Associate Professor	Six days (Mon.-Sat) OPD services from 9am to 2 Pm.	8588875236

### **AVAILABLE FACILITIES:**

- OPD- from 9am to 2 Pm (Mon- Sat)
- IPD- Maternity block offers 24 bed in common ward facilities for needful patients; including there meal as required and instructed by consultant.
- Labour room
- JSY scheme

### **ROUTINE ACTIVITIES**

- Six days (Mon.-Sat) OPD services from 9am to 2 Pm.
- Admissions are open on the basis of routine OPD and emergency also as per need of patients.
- All kind of ayurvedic therapies i.e. Uttar Basti, Anuwasan Basti, Pichu and Dhawan are provided.
- ANCs are registered under JSY scheme.

- IUCD and PPIUCD is applied as on patients request.
- Specialities
- Ayurvedic Treatment for PCOS
- Ayurvedic Treatment for bandhya (Infertility)

**OPD Days:** Six days (Mon.-Sat) OPD services from 9am to 2 Pm.

**Proposed Activities:**

- Garbhsamskaar
- Suprajajanan Chikitsa (Eugenics).
- Diagnosis and Treatment of Streevishishtha vyadhis according to Ayurved
- Ayurvedic Treatment for vishisht rajonivrutti vyadhi (Menopausal Syndrome)



## 5. KAUMARBHRITYA (BALROGA)

**Name of the Department:** KAUMARBHRITYA (BALROGA)

**Introduction to the Department:**

We deal with the Ayurvedic treatment of pediatric age group at preventive and promotive aspect.

**Details of consultants:**

Sl. No.	Name of the consultant	Qualification	Present Designation	OPD Days	Contact No.
1.	Dr. B. S. Sharma	MD (Ay), Ph.D.	Associate Professor, In-charge Deptt. of Kaumarbhritya	Mon, Wed, Fri	9868092246
2	Dr. Ravi Khatri	MD (AYU)	Assistant Professor		8004500711
2.	Dr. Dr Aarti Mal	MD (Ay)	Lecturer	Tues, Thur, Sat	9582575130

**Departmental activities:**

Department is engaged with the following academic and clinical activities:-

- Kaumarbhritya OPD six days a week
- Vaccination is going under department on every Friday as per National immunization Schedule.
- Initiatives in child rearing programSuccessful treatment of allergic respiratory disorders sp. Bronchial Asthma and Allergic bronchitis, cerebral palsy, attention deficit hyperactive syndrome, seizure disorders, malnutritional disorders ,immune deficiency disorders.etc
- Pediatric Panchkarma for various neuromuscular and musculoskeletal disorders .

- Working on the concept of lehana.

**Researches ongoing:**        N.A

## **6. Department of Panchakarma**

**NAME OF DEPARTMENT- PANCHAKARMA**

### **INTRODUCTION TO THE DEPARTMENT:-**

Panchakarma is the ancient old treatment modalities of bio-purification of body by way of medicines. It includes five major procedures which are preceded and followed by other procedures. On the basis of medicines used and modification of procedure according to the patient and disease, hundreds of the procedures are practiced under the name of Panchakarma. The five major procedures practiced are Vamana (emesis), Virechana (purgation), Basti (therapeutic enema), Nasya (nasal inhalation) and Raktamokshana (blood-letting).

**Snehana karma**- Applying oil or any other unctuous material to the body is known as snehana karma. This can be done internally by taking it orally or through its application in the form of massage etc. It is used as a pre-procedure for Vamana, Virechana and sometimes before Raktamokshana also. For diseases related to vayu, it is used as a therapeutic procedure itself and is performed in the form of abhyanga, parisheka, karnapurana, akshitarpana etc.

**Swedana karma** –It is the process which induces perspiration in the body. It can be induced with the help of heat or even without it. There are different modalities to perform swedana karma and each of it has its own significance regarding its therapeutic use. Commonly used methods of swedana include baspa sweda (nadi sweda), taap sweda, baluka sweda, parta panda sweda, shastika shaali sweda, avagaahana sweda, sauna bath etc. Some commonly practiced procedures like kati basti, manya basti, janu basti etc. serve the purpose of simultaneous snehana karma and swedana karma. Swedana karma is used mainly to treat different types of pain like that of arthritis, lumbago, spondylitis etc.

**Vamana**- It is used to expel out the excess and morbid Kapha dosha from the body. This is done by giving some oral medicines which induces emesis. This process is used to treat common disorders like chronic cough, asthma, various skin disorders, sinusitis, heaviness of body etc.

**Virechana**- It is mainly used for pittaja disorders. Through this process excess and morbid pitta is expelled out of the body through purgation. Its therapeutic spectrum is vast. It is used to treat various skin disorders, neurological disorders, musculo-skeletal disorders, GIT disorders etc.

**Basti karma-** It involves the rectal administration of medicated oils or/and combination of various other medicinal preparations. It serves different purposes in the body and as per requirement medicinal preparation can be changed. It is mainly useful in diseases having pathologies due to vayu. It can be used for treating many neurological disorders, musculo-skeletal disorders and other degenerative disorders.

**Nasya-** In this therapy, medicines are directly poured in the nose. It is mainly used to treat the diseases of supraclavicular region which includes diseases of head, neck, eye, ear, nose, mouth, tongue etc. It is also used for various psych-somatic diseases.

**Raktamokshana-** To drain out the impure blood from the body is known as raktamokshana. This can be done through siravedha (venesection), jalaukavacharana (blood letting), shringa (cow's horn) etc. These therapies are specially indicated in acute conditions involving pitta and rakta as pathological factors. The commonly treating disease through raktamokshana are various skin disorders, allergic conditions, gout, piles, non healing ulcers, abscess etc.

#### **About the Department of Panchakarma-**

Department of Panchakarma was started here independently in the year 2009. Presently this department has a separate unit. Planning to start separate therapeutic unit and special rooms on payment bases is also there and will be materialized soon.

**Facilities-** In this department, all the therapeutic procedures covered under the name of Panchakarma are done as per the requirement of the disease. There is an independent unit to perform these procedures under the supervision of experts. For admission of the patients, separate general wards for male and female patients are available.

#### **Consultant details-**

Sl.No.	Name of the consultant	Qualification	Present Designation	OPD Days	Contact. No.
3.	Dr. Manoj K Shamkuwar	MD (Ay), Ph.D.	Associate Professor	Tuesday and Saturday 9am to 12:30 pm.	8588869648
4.	Dr. Nitin Jindal	MD (Ay),	Assistant Professor	Thursday 9am to 12:30 pm.	9811765501