

### Name of the Department- Kayachikitsa

**About the Department:** The subject of Kayachikitsa is a clinical subject and is part of Final Year of the Undergraduate course BAMS.

In 2002 the post graduate course MD (Ay) Kayachikitsa was started with an intake capacity of three students per year and the academic activities of the UG and PG course are done in accordance with the regulations of CCIM.

The UG and PG courses are duly recognized by the CCIM and Delhi University. Admissions to PG courses since 2002 – 2015 was done on the basis of written test conducted by Delhi University. Since 2016 the PG admissions are done through the AIAPGET (All India Ayush Post Graduate Entrance Test). All the faculty members are well qualified and working in capacity of Associate Professor since 2013 possessing post graduate and post doctoral degree from well established Central Institutes of National repute. They have published books in their respective fields and their articles are published in peer reviewed journals. They have been guiding Post graduate students since long.

#### Details of the Faculty :

| S. No. | Name of Faculty  | Educational Qualification | Designation         | Experience | Specialization (if any) | Books published / Publications in peer reviewed journals (if any)* | Rewards/ Achievements (if any) | OPD no. and OPD days            | Photograph of the faculty   |
|--------|------------------|---------------------------|---------------------|------------|-------------------------|--|--------------------------------|---------------------------------|---|
| 1      | Dr. H.C. Gupta   | M.D.(Ay)<br>Ph.D.         | Associate Professor | 33 yrs     | Rheumatology            | 2 Books; 6 Papers  |                                | OPD No-3;<br>Mon,Wed,<br>Friday |   |
| 2      | Dr. Sujata Yadav | M.D. (AY)<br>Ph.D.        | Associate Professor | 18 Yrs     | Metabolic Disorders     | 1 Book; 5 Papers   |                                | OPD No-3;<br>Tue,<br>Thus, Sat  |  |

#### **Departmental activities:**

- 1) Undergraduate (BAMS); & Post Graduate M.D.(Ay.)- Teaching
- 2) Management of Out Door patients.

- 3) Management of Indoor patients.
- 4) Weekly Departmental Clinical & Theoretical P.G. (M.D. Ay.) Seminar

**Research work (if any) undergoing in the Department:**

**Dr. H.C. Gupta**

- 1) A Comparative Study of the effect of "CHHINNAVAHNI KASHAYA VATI" along with "AGNIMANTHA KWATHA" & METFORMIN in the management of Madhumehaw.s.r. To diabetes mellitus (typell)
- 2) Clinical evaluation of "Triphalabhavitayava" and unripe "Kadaliphalachoorana" in Grahaniw.s.r to Irritable bowel syndrome
- 3) Add on effect of "Dashmoolaamritadikwath" over "Shallakiguggulu(shallaki resin)" in the management of Amavataw.s.r to rheumatoid arthritis
- 4) Clinical evaluation of effect of "Tryushnadigutika" and "MustadiKashaya" in the management of madhumehaw.s.r. DM Type 2.
- 5) Clinical evaluation of "Simhadikwath" along with "Shatichurna" in the management of TamakaShwas w.r.t Bronchial Asthma- Randomised Control study.
- 6) Comparative clinical study to evaluate the efficacy of "Shigrukwath" and "Gokshurachurna" in the management of Essential Hypertension- Randomised Control Study.

**Dr. SUJATA YADAV**

- 1) Clinical evaluation of "Adityapakaguggulu" along with "Jaloukaavacharan (leech therapy)" in the management of sandhivataw.s.r to osteoarthritis.
- 2) a comparative study on the effect of "dashangguggulu " and "bilvadikwath "in the management of sthaulya w.s.r. Obesity
- 3) Add on effect of "dashmoolaamritadikwatha" over "shallakiguggulu(shallaki resin)" in the management of amavataw.s.r to rheumatoid arthritis
- 4) A randomized comparative study to evaluate the effect of "gorakmundichurna" & "Shunthiyadikwath" in the management of dhatwagnimandhyaw.s.r. Subclinical hypothyroidism.
- 5) Comparative clinical study to evaluate the efficacy of "Shigrukwath" and "Gokshurachurna" in the management of Essential Hypertension- Randomised Control Study.
- 6) Physiological study of "Nadishuddhi" pranayama on Jathragnibalw.s.r. to Grahani (IBS)

**Any other relevant detail regarding the Department:**

**Photographs (maximum 04) of the Department/Departmental activity:**